

RECOMMENDED CHILDHOOD HEALTH MAINTENANCE SCHEDULE

5 days	Weight and jaundice check, help with feeding issues, 1 st Hep B if not given in hospital
2 Weeks	Well Child exam – PKU (Yearly Flu shots are recommended for close contacts of children less than 5 years old.)
2 Months	Well Child exam – Vaccinations #1 for DTaP, IPV, Prevnar, Comvax (Hep B/HIB combo) , Rotavirus (oral)
4 Months	Well Child exam – Vaccinations #2 for DTaP, IPV (Polio), Prevnar, Comvax (Hep B/HIB combo), Rotavirus (oral)
6 Months	Well Child exam – Vaccinations #3 for DTaP, IPV, Prevnar, Rotavirus (oral). In season, begin yearly Influenza; 2 doses given the first year
12 Months	Well Child Exam – anemia and lead check. Vaccinations - #1 MMR (Measles, Mumps, and Rubella), #3 Comvax (Hep B/HIB combo), #4 Prevnar, #1 Hepatitis A (Influenza, if in season)
18 Months	Well Child Exam - #4 DTaP, #2 Hepatitis A (Influenza, if in season)
2 Years	Well Child Exam – education about toilet training, etc. (Make up for missed immunizations; Influenza, if in season)
4-6 Years	Well Child Exam – Immunization #5 DTaP, #4 IPV, #2 MMR/Varicella (Influenza yearly)
7-10 Years	Well child Exam, education about bicycle safety, etc.
11-13 years	Well Child Exam – education regarding smoking, alcohol, drugs, puberty, etc. Recommended immunizations: Meningitis, Tdap (Tetanus/ pertussis), HPV (Gardasil) series
14-18 Years	Well Child Exam /Education. Immunizations: Meningitis, Tdap (Tetanus/ pertussis), HPV (Gardasil) series, Hepatitis A and B- if not previously given.

Much of the well child evaluation has to do with parental concerns, and although we perform thorough exams, it may be as important to discuss feeding, accident prevention, and how to develop effective discipline, as to listen to a healthy child's lungs. We hope you will bring questions, and we will try to answer them, or at least to think about them with you. Please schedule additional time if you have many concerns you wish to address with your provider. Obviously, if your child had special needs, a separate appointment may be required to provide a more extensive evaluation.

You may review at our front desk a copy of: [Taking Care of Your Child](#), an excellent resource book for parents that is available from many bookstores.

Immunization series required for Oregon public school: DTaP, polio, HIB, Hep B, Hep A, MMR and Varicella.

**Adults should receive tetanus boosters every 10 years